Virginia's Nursing Home Administrator Workforce: 2018

Healthcare Workforce Data Center

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769 Nursing Home Administrators voluntarily participated in this survey. Without their efforts the work of the center would not be possible. The Department of Health Professions, the Healthcare Workforce Data Center, and the Board of Long-Term Care Administrators express our sincerest appreciation for your ongoing cooperation.

Thank You!

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The Nursing Home Administrator Workforce: At a Glance:

| THE WOLKIOICE | |
|-----------------------|-----|
| Licensees: | 916 |
| Virginia's Workforce: | 730 |
| ETEc. | Q11 |

Survey Response Rate

All Licensees: 84% Renewing Practitioners: 98%

Demographics

Female: 56%
Diversity Index: 24%
Median Age: 51

Background

Rural Childhood: 41% HS Degree in VA: 54% Prof. Degree in VA: 77%

Health Admin. Edu.

Admin-in-Training: 39% Masters: 26%

Finances

Median Inc.: \$110k-\$120k Retirement Benefits: 78% Under 40 w/ Ed debt: 49%

Source: Va. Healthcare Workforce Data Cente

Current Employment

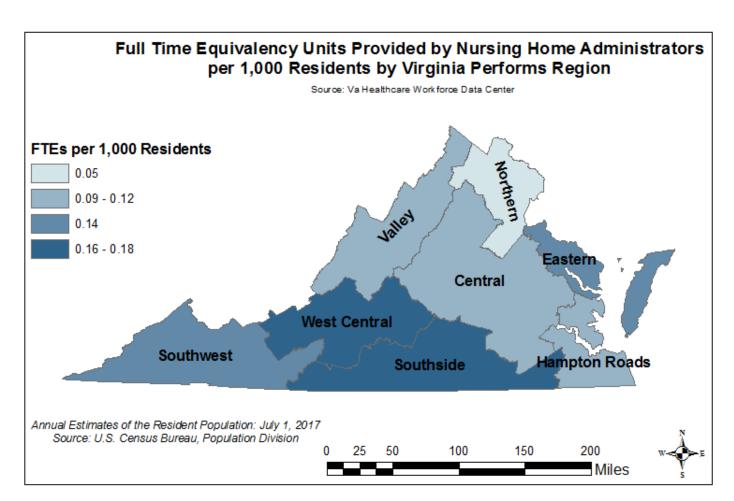
Employed in Prof.: 87% Hold 1 Full-time Job: 89% Satisfied?: 94%

Job Turnover

Switched Jobs: 9% Employed over 2 yrs: 52%

Time Allocation

Administration: 40%-49% Supervisory: 20%-29% Patient Care: 10%-19%



The Virginia Department of Health Professions' Healthcare Workforce Data Center (HWDC) administered the 2018 Nursing Home Administrator (NHA) workforce survey in March 2018. 769 NHAs responded to this survey, which represents 84% of the 916 NHAs who are licensed in the state. In 2018, there were a total of 730 Nursing Home Administrators (NHAs) in Virginia's workforce, and these professionals provided 811 "full-time equivalency units", which the HWDC defines as working 2,000 hours per year (or 40 hours per week for 50 weeks with two weeks off).

56% of all NHAs are female, and the median age of the NHA workforce is 51. In a random encounter between two NHAs, there is a 24% chance that they would be of different races or ethnicities, a measure known as the diversity index. For Virginia's population as a whole, the diversity index is at 56%.

41% of all NHAs grew up in a rural area. In total, 18% of Virginia's NHA workforce is currently employed in non-metro areas of the state. 39% of all NHAs hold an Administrator-in-Training certificate as their highest professional degree, while another 26% hold a Master's degree in health administration. 30% of all NHAs hold education debt, including 49% of those who are under the age of 40. The median debt burden of those with education debt is between \$30,000 and \$40,000.

87% of Virginia's NHAs are currently employed in the profession, and 89% have one full-time job. The median annual income for NHAs is between \$110,000 and \$120,000. 97% also receive at least one employer-sponsored benefit. 94% of Virginia's NHAs are satisfied with their current employment situation, including 68% who are "very satisfied". 4% of NHAs have been involuntarily unemployed at some point in the past year, while 2% have been underemployed.

22% of NHAs work in Central Virginia, while another 19% work in Hampton Roads. 61% work in the for-profit sector. In addition, 52% are employed in skilled nursing facilities. The typical NHA spends nearly half of her time on administrative tasks and treats between 100 and 124 patients at her primary work location. 31% of NHAs expect to retire in the next ten years, while one-half of the NHA workforce expect to retire by 2038.

Summary of Trends

Over the past five years, the survey response rate among all licensed NHAs has increased from 75% to 84%. At the same time, the size of the NHA workforce has increased by 8% from 674 to 730. In addition, the number of FTEs has increased by 7% from 760 to 811. Females make up a smaller proportion of Virginia's NHA workforce in 2018 (56% vs. 60%), and this decline is particularly pronounced among NHAs who are under the age of 40 (50% vs. 59%). Meanwhile, Virginia's NHA workforce has become more diverse since 2013 (24% vs. 18%).

Although there was little change in the childhood background among NHAs since 2013, they are more likely to receive either their high school or professional degree in the state (79% vs. 75%). In addition, Virginia's NHAs are somewhat more likely to earn an Administrator-in-Training certificate (39% vs. 36%) and somewhat less likely to earn a Baccalaureate degree in health administration (23% vs. 26%).

There were not many significant changes with respect to the current employment situation of Virginia's NHAs, but they are more likely to hold one full-time job in 2018 (89% vs. 86%). On the other hand, fewer NHAs have been at their primary work location for at least two years (52% vs. 57%). The median annual income of NHAs increased for the first time in more than four years, and NHAs are also more likely to receive an employer-sponsored benefit (97% vs. 92%).

Since 2013, NHAs have become somewhat more likely to work in the for-profit sector (61% vs. 59%). With respect to time allocation, NHAs are considerably more likely to serve an administrative role (30% vs 23%) as well as being somewhat more likely to serve a patient care role (3% vs. 0%). In general, the future plans of Virginia's NHAs have not changed much over the past five years, but NHAs are now less likely to plan to pursue additional education over the next two years (12% vs. 15%). In addition, more NHAs expect to retire within the next two years (9% vs. 7%). However, they are also slightly less likely to intend to retire by the age of 65 (30% vs. 31%).

| Licensees | | | | | | |
|---------------------------|-----|------|--|--|--|--|
| License Status # % | | | | | | |
| Renewing Practitioners | 746 | 81% | | | | |
| New Licensees | 77 | 8% | | | | |
| Non-Renewals | 93 | 10% | | | | |
| All Licensees | 916 | 100% | | | | |

Source: Va. Healthcare Workforce Data Center

HWDC surveys tend to achieve very high response rates. 98% of renewing NHAs submitted a survey. These respondents represent 84% of all NHAs who held a license at some point in the past year.

| Response Rates | | | | | |
|------------------------|--------------------|------------|------------------|--|--|
| Statistic | Non Respondents | Respondent | Response Rate | | |
| By Age | | | | | |
| Under 30 | 12 | 24 | 67% | | |
| 30 to 34 | 10 | 48 | 83% | | |
| 35 to 39 | 8 | 65 | 89% | | |
| 40 to 44 | 15 | 87 | 85% | | |
| 45 to 49 | 15 | 116 | 89% | | |
| 50 to 54 | 17 | 109 | 87% | | |
| 55 to 59 | 22 | 102 | 82% | | |
| 60 and Over | 48 | 218 | 82% | | |
| Total | 147 | 769 | 84% | | |
| New Licenses | | | | | |
| Issued in Past Year | 43 | 34 | 44% | | |
| Metro Status | | | | | |
| Non-Metro | 16 | 107 | 87% | | |
| Metro | 75 | 513 | 87% | | |
| Not in Virginia | 57 | 149 | 72% | | |

Source: Va. Healthcare Workforce Data Center

Definitions

- **1. The Survey Period:** The survey was conducted in March 2018.
- **2. Target Population:** All NHAs who held a Virginia license at some point between April 2017 and March 2018.
- 3. Survey Population: The survey was available to NHAs who renewed their licenses online. It was not available to those who did not renew, including some NHAs newly licensed in the past year.

| Response Rates | |
|------------------------------|-----|
| Completed Surveys | 769 |
| Response Rate, All Licensees | 84% |
| Response Rate, Renewals | 98% |

Source: Va. Healthcare Workforce Data Center

At a Glance:

Licensed Administrators

Number: 916 New: 8% Not Renewed: 10%

Response Rates

All Licensees: 84% Renewing Practitioners: 98%

Workforce

NHA Workforce: 730 FTEs: 811

Utilization Ratios

Licensees in VA Workforce: 80% Licensees per FTE: 1.13 Workers per FTE: 0.90

Source: Va. Healthcare Workforce Data Cente

| Virginia's NHA Workforce | | | | | |
|---------------------------------|-----|------|--|--|--|
| Status | # | % | | | |
| Worked in Virginia in Past Year | 713 | 98% | | | |
| Looking for Work in Virginia | 16 | 2% | | | |
| Virginia's Workforce | 730 | 100% | | | |
| Total FTEs | 811 | | | | |
| Licensees | 916 | | | | |

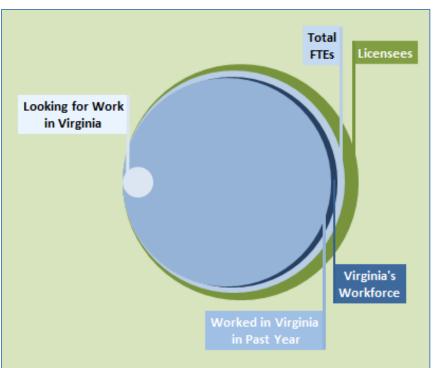
Source: Va. Healthcare Workforce Data Center

This report uses weighting to estimate the figures in this report. Unless otherwise noted, figures refer to the Virginia Workforce only. For more information on HWDC's methodology visit:

www.dhp.virginia.gov/hwdc

Definitions

- 1. Virginia's Workforce: A licensee with a primary or secondary work site in Virginia at any time in the past year or who indicated intent to return to Virginia's workforce at any point in the future.
- **2. Full Time Equivalency Unit (FTE):** The HWDC uses 2,000 (40 hours for 50 weeks) as its baseline measure for FTEs.
- **3.** Licensees in VA Workforce: The proportion of licensees in Virginia's Workforce.
- 4. Licensees per FTE: An indication of the number of licensees needed to create 1 FTE. Higher numbers indicate lower licensee participation.
- 5. Workers per FTE: An indication of the number of workers in Virginia's workforce needed to create 1 FTE. Higher numbers indicate lower utilization of available workers.



| Age & Gender | | | | | | |
|--------------|-----|--------|--------|------------|-----|-------------------|
| | N | /lale | Female | | Т | otal |
| Age | # | % Male | # | # % Female | | % in Age Group |
| Under 30 | 11 | 37% | 19 | 63% | 31 | 5% |
| 30 to 34 | 20 | 44% | 26 | 56% | 46 | 7% |
| 35 to 39 | 36 | 62% | 22 | 38% | 58 | 9% |
| 40 to 44 | 25 | 32% | 53 | 68% | 78 | 12% |
| 45 to 49 | 35 | 36% | 62 | 64% | 98 | 15% |
| 50 to 54 | 36 | 42% | 49 | 58% | 85 | 13% |
| 55 to 59 | 42 | 51% | 40 | 49% | 83 | 13% |
| 60 + | 82 | 48% | 90 | 52% | 172 | 26% |
| Total | 288 | 44% | 362 | 56% | 651 | 100% |

| Race & Ethnicity | | | | | | |
|-------------------|-----------|-----|------|---------------|------|--|
| Race/ | Virginia* | NH | lAs | NHAs Under 40 | | |
| Ethnicity | % | # | % | # | % | |
| White | 62% | 563 | 86% | 116 | 86% | |
| Black | 19% | 68 | 10% | 10 | 7% | |
| Asian | 6% | 7 | 1% | 1 | 1% | |
| Other Race | 0% | 2 | 0% | 1 | 1% | |
| Two or more races | 3% | 5 | 1% | 4 | 3% | |
| Hispanic | 9% | 7 | 1% | 3 | 2% | |
| Total | 100% | 652 | 100% | 135 | 100% | |

^{*} Population data in this chart is from the US Census, Annual Estimates of the Resident Population by Sex, Race, and Hispanic Origin for the United States, States, and Counties: July 1, 2016

2016. Source: Va. Healthcare Workforce Data Center

> 21% of all NHAs are under the age of 40, and 50% of these professionals are female. In addition, there is a 25% chance that two randomly chosen NHAs from this age group would be of a different race or ethnicity.

At a Glance:

Gender

% Female: 56% % Under 40 Female: 50%

Age

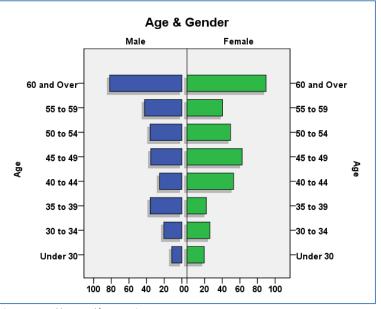
Median Age: 51 % Under 40: 21% % 55+: 39%

Diversity

Diversity Index: 24% Under 40 Div. Index: 25%

Source: Va. Healthcare Workforce Data Cente

In a chance encounter between two NHAs, there is a 24% chance they would be of a different race/ethnicity (a measure known as the Diversity Index). For Virginia's population as a whole, the comparable number is 56%.



Childhood

Urban Childhood: 13% Rural Childhood: 41%

Virginia Background

HS in Virginia: 54%
Prof. in VA: 77%
HS or Prof. in VA: 79%

Location Choice

% Rural to Non-Metro: 32%% Urban/Suburban

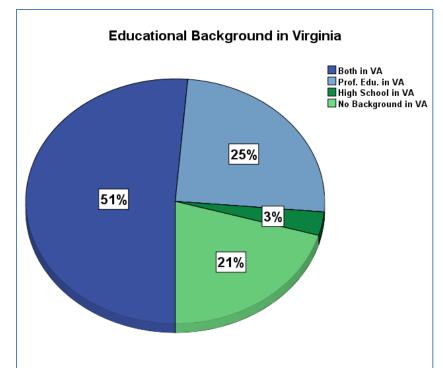
to Non-Metro: 7%

Source: Va. Healthcare Workforce Data Center

A Closer Look:

| HEL | Primary Location: OA Rural Urban Continuum | Rural St | atus of Child | dhood |
|------|---|-------------------------------------|---------------|-------|
| Code | Description | Location Rural Suburban Urba | | |
| | Metro Cour | | | |
| 1 | Metro, 1 million+ | 26% | 58% | 16% |
| 2 | Metro, 250,000 to 1 million | 51% | 39% | 10% |
| 3 | Metro, 250,000 or less | 52% | 37% | 11% |
| | Non-Metro Co | ounties | | |
| 4 | Urban pop 20,000+, Metro adj | 73% | 27% | 0% |
| 6 | Urban pop, 2,500-19,999, Metro adj | 76% | 7% | 17% |
| 7 | Urban pop, 2,500-19,999, nonadj | 90% | 5% | 5% |
| 8 | Rural, Metro adj | 68% | 32% | 0% |
| 9 | Rural, nonadj | 69% | 23% | 8% |
| | Overall | 41% | 46% | 13% |

Source: Va. Healthcare Workforce Data Center



41% of all NHAs grew up in a rural area, and 32% of these professionals currently work in nonmetro areas of the state. Overall, 18% of NHAs currently work in nonmetro areas of the state.

Top Ten States for Nursing Home Administrator Recruitment

| Rank | All Nursing | g Hom | e Administrators | |
|------|---------------------|-------|-------------------|-----|
| Kank | High School | # | Init. Prof Degree | # |
| 1 | Virginia | 352 | Virginia | 457 |
| 2 | New York | 41 | Maryland | 17 |
| 3 | Pennsylvania | 28 | Ohio | 11 |
| 4 | West Virginia | 24 | West Virginia | 11 |
| 5 | North Carolina | 22 | Tennessee | 11 |
| 6 | Ohio | 21 | North Carolina | 7 |
| 7 | Maryland | 19 | New York | 7 |
| 8 | Outside U.S./Canada | 17 | New Jersey | 6 |
| 9 | Tennessee | 15 | Indiana | 6 |
| 10 | New Jersey | 13 | Washington, D.C. | 5 |

54% of licensed NHAs received their high school degree in Virginia, and 77% earned their initial professional degree in the state.

Source: Va. Healthcare Workforce Data Center

Among NHAs who have been licensed in the past five years, 48% received their high school degree in Virginia, while 72% earned their initial professional degree in the state.

| Rank | License | ed in Pa | ast Five Years | |
|-------|---------------------|----------|-------------------|-----|
| Kalik | High School # | | Init. Prof Degree | # |
| 1 | Virginia | 102 | Virginia | 145 |
| 2 | New York | 13 | Maryland | 6 |
| 3 | Ohio | 10 | Ohio | 6 |
| 4 | Outside U.S./Canada | 9 | North Carolina | 5 |
| 5 | Pennsylvania | 8 | Washington, D.C. | 4 |
| 6 | Maryland | 8 | Arizona | 4 |
| 7 | North Carolina | 8 | West Virginia | 4 |
| 8 | West Virginia | 7 | Indiana | 3 |
| 9 | Tennessee | 6 | Delaware | 3 |
| 10 | Indiana | 5 | Georgia | 3 |

Source: Va. Healthcare Workforce Data Center

20% of licensees were not a part of Virginia's NHA workforce. 94% of these licensees worked at some point in the past year, including 81% who worked as NHAs.

At a Glance:

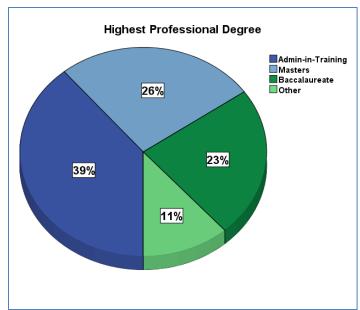
Not in VA Workforce

Total: 187
% of Licensees: 20%
Federal/Military: 1%
Va Border State/DC: 15%

| Highest Degree | | | | |
|-------------------------|--------------------------|------|-------------|------|
| | Health Administration | | All Degrees | |
| Degree | # | % | # | % |
| No Specific Training | 23 | 4% | - | - |
| Admin-in-Training | 243 | 39% | - | - |
| High School/GED | - | - | 13 | 2% |
| Associate | 11 | 2% | 45 | 7% |
| Bachelors | 145 | 23% | 281 | 44% |
| Graduate Cert. | 12 | 2% | 16 | 3% |
| Masters | 164 | 26% | 270 | 42% |
| Doctorate | 3 | 0% | 13 | 2% |
| Other | 22 | 4% | - | - |
| Total | 624 | 100% | 638 | 100% |

Source: Va. Healthcare Workforce Data Center

30% of NHAs carry educational debt, including 49% of those under the age of 40. For those with educational debt, their median debt burden is between \$30,000 and \$40,000.



Source: Va. Healthcare Workforce Data Center

At a Glance:

Health Administration

Education

Admin-in-Training: 39% Master's Degree: 26% Bachelor's Degree: 23%

Educational Debt

Carry debt: 30%
Under age 40 w/ debt: 49%
Median debt: \$30k-\$40k

Source: Va. Healthcare Workforce Data Center

| Educational Debt | | | | |
|--------------------|----------|------|---------------|------|
| Amazzat Camiad | All NHAs | | NHAs under 40 | |
| Amount Carried | # | % | # | % |
| None | 390 | 70% | 59 | 51% |
| Less than \$20,000 | 54 | 10% | 25 | 22% |
| \$20,000-\$49,999 | 55 | 10% | 18 | 16% |
| \$50,000-\$99,999 | 40 | 7% | 11 | 9% |
| \$100,000 or more | 16 | 3% | 3 | 3% |
| Total | 555 | 100% | 116 | 100% |

Licenses/Registrations

Nurse (RN or LPN): 13%
ALFA: 4%
CNA: 2%

Job Titles

Administrator: 43% Executive Director: 13%

Source: Va. Healthcare Workforce Data Center

A Closer Look:

| Licenses and Registrations | | | |
|------------------------------------|-----|-----|--|
| License/Registration | # | % | |
| Nursing Home Administrator | 636 | 87% | |
| Nurse (RN or LPN) | 95 | 13% | |
| ALF Administrator | 28 | 4% | |
| Certified Nursing Assistant | 14 | 2% | |
| Registered Medication Aide | 7 | 1% | |
| Occupational Therapist | 2 | 0% | |
| Physical Therapist | 1 | 0% | |
| Respiratory Therapist | 1 | 0% | |
| Speech-Language Pathologist | 1 | 0% | |
| Other | 45 | 6% | |
| At Least One | 641 | 88% | |

Source: Va. Healthcare Workforce Data Center

| Job Titles | | | | |
|---------------------------|---------|-----|-----------|-----|
| T11. | Primary | | Secondary | |
| Title | # | % | # | % |
| Administrator | 311 | 43% | 40 | 5% |
| Executive Director | 95 | 13% | 8 | 1% |
| Pres./Exec. Officer | 79 | 11% | 8 | 1% |
| Assistant Admin. | 28 | 4% | 4 | 1% |
| Owner | 12 | 2% | 3 | 0% |
| Other | 125 | 17% | 27 | 4% |
| At Least One | 605 | 83% | 81 | 11% |

Source: Va. Healthcare Workforce Data Center

43% of Virginia's NHA workforce held the title of Administrator at their primary work location. Another 13% held the title of Executive Director.

Employment

Employed in Profession: 87% Involuntarily Unemployed: 1%

Positions Held

1 Full-time: 89% 2 or More Positions: 4%

Weekly Hours:

40 to 49:41%60 or more:14%Less than 30:1%

Source: Va. Healthcare Workforce Data Center

A Closer Look:

| Current Work Statu | IS | |
|---|-----|------|
| Status | # | % |
| Employed, capacity unknown | 0 | 0% |
| Employed in a capacity related to long-term care | 559 | 87% |
| Employed, NOT in a capacity related to long-term care | 57 | 9% |
| Not working, reason unknown | 0 | 0% |
| Involuntarily unemployed | 6 | 1% |
| Voluntarily unemployed | 11 | 2% |
| Retired | 12 | 2% |
| Total | 645 | 100% |

Source: Va. Healthcare Workforce Data Center

87% of licensed NHAs are currently employed in the profession, and only 1% are involuntarily unemployed. In addition, 89% of all NHAs hold one full-time job, and 41% work between 40 and 49 hours per week.

| Current Positions | | | |
|---|-----|------|--|
| Positions | # | % | |
| No Positions | 29 | 5% | |
| One Part-Time Position | 16 | 3% | |
| Two Part-Time Positions | 3 | < 1% | |
| One Full-Time Position | 570 | 89% | |
| One Full-Time Position & One Part-Time Position | 16 | 3% | |
| Two Full-Time Positions | 0 | 0% | |
| More than Two Positions | 4 | 1% | |
| Total | 638 | 100% | |

Source: Va. Healthcare Workforce Data Center

| Current Weekly Hours | | | | |
|----------------------|-----|------|--|--|
| Hours | # | % | | |
| 0 hours | 29 | 5% | | |
| 1 to 9 hours | 2 | < 1% | | |
| 10 to 19 hours | 2 | < 1% | | |
| 20 to 29 hours | 5 | 1% | | |
| 30 to 39 hours | 8 | 1% | | |
| 40 to 49 hours | 258 | 41% | | |
| 50 to 59 hours | 237 | 38% | | |
| 60 to 69 hours | 73 | 12% | | |
| 70 to 79 hours | 9 | 1% | | |
| 80 or more hours | 6 | 1% | | |
| Total | 629 | 100% | | |

| | Income | |
|---------------------|--------|------|
| Annual Income | # | % |
| Volunteer Work Only | 9 | 2% |
| Less than \$60,000 | 36 | 7% |
| \$60,000-\$69,999 | 18 | 4% |
| \$70,000-\$79,999 | 33 | 6% |
| \$80,000-\$89,999 | 36 | 7% |
| \$90,000-\$99,999 | 54 | 10% |
| \$100,000-\$109,999 | 72 | 14% |
| \$110,000-\$119,999 | 61 | 12% |
| \$120,000-\$129,999 | 53 | 10% |
| \$130,000-\$139,999 | 40 | 8% |
| \$140,000-\$149,999 | 21 | 4% |
| \$150,000-\$159,999 | 23 | 5% |
| \$160,000 or More | 66 | 13% |
| Total | 522 | 100% |

Source: Va. Healthcare Workforce Data Center

| Employer-Sponsored Benefits | | | | |
|-----------------------------|-----|-----|--|--|
| Benefit | # | % | | |
| Paid Vacation | 534 | 96% | | |
| Paid Sick Leave | 482 | 86% | | |
| Dental Insurance | 445 | 80% | | |
| Group Life Insurance | 445 | 80% | | |
| Retirement | 436 | 78% | | |
| Signing/Retention Bonus | 88 | 16% | | |
| At Least One Benefit | 544 | 97% | | |

*From any employer at time of survey.

Source: Va. Healthcare Workforce Data Center

94% of NHAs are satisfied with their job, including 68% who are very satisfied with their current work circumstances.

At a Glance:

Earnings

Median Income: \$110k-\$120k

Benefits

Paid Vacation: 96% Employer Retirement: 78%

Satisfaction

Satisfied: 94% Very Satisfied: 68%

Source: Va. Healthcare Workforce Data Center

The median income for NHAs is between \$110,000 and \$120,000 per year. In addition, 97% of NHAs receive at least one employer-sponsored benefit, including 96% who receive paid vacation time.

| Job Satisfaction | | | | | |
|-----------------------|-----|-----|--|--|--|
| Level | # | % | | | |
| Very Satisfied | 425 | 68% | | | |
| Somewhat Satisfied | 164 | 26% | | | |
| Somewhat Dissatisfied | 25 | 4% | | | |
| Very Dissatisfied | 13 | 2% | | | |

628

Source: Va. Healthcare Workforce Data Center

Total

100%

| Employment Instability in Past Year | | |
|---|-----|-----|
| In the past year did you? | # | % |
| Experience Involuntary Unemployment? | 28 | 4% |
| Experience Voluntary Unemployment? | 30 | 4% |
| Work Part-time or temporary positions, but would have preferred a full-time/permanent position? | 14 | 2% |
| Work two or more positions at the same time? | 46 | 6% |
| Switch employers or practices? | 67 | 9% |
| Experienced at least one | 158 | 22% |

Source: Va. Healthcare Workforce Data Center

4% of Virginia's NHAs experienced involuntary unemployment at some point in the past year. By comparison, Virginia's average monthly unemployment rate was 3.6% during the past year.1

| At a Glance: | At a | Gl | lance | |
|--------------|------|----|-------|--|
|--------------|------|----|-------|--|

Unemployment Experience

Involuntarily Unemployed: 4% Underemployed: 2%

Turnover & Tenure

Switched Jobs: 9% New Location: 30% Over 2 years: 52% Over 2 yrs, 2nd location: 44%

| Location Tenure | | | | | |
|-------------------------------|------|------|-----------|------|--|
| Tenure | Prir | nary | Secondary | | |
| Tenure | # | % | # | % | |
| Not Currently Working at this | 7 | 1% | 13 | 15% | |
| Location | , | 1/0 | 13 | 1370 | |
| Less than 6 Months | 85 | 14% | 14 | 16% | |
| 6 Months to 1 Year | 75 | 12% | 8 | 9% | |
| 1 to 2 Years | 125 | 20% | 13 | 15% | |
| 3 to 5 Years | 118 | 19% | 23 | 27% | |
| 6 to 10 Years | 85 | 14% | 6 | 7% | |
| More than 10 Years | 117 | 19% | 8 | 9% | |
| Subtotal | 612 | 100% | 85 | 100% | |
| Did not have location | 20 | | 630 | | |
| Item Missing | 98 | | 15 | | |
| Total | 730 | | 730 | | |

Source: Va. Healthcare Workforce Data Center

52% of NHAs have worked at their primary location for more than two years.

¹ As reported by the US Bureau of Labor Statistics. The non-seasonally adjusted monthly unemployment rate ranged from 3.5% in April 2017 to 3.3% in March 2018. Between these two dates, the non-seasonally adjusted monthly unemployment rate fluctuated between a low of 3.3% and a high of 3.9%.

Concentration

Top Region: 22%
Top 3 Regions: 59%
Lowest Region: 3%

Locations

2 or more (Past Year): 16% 2 or more (Now*): 12%

ource: Va. Healthcare Workforce Data Cente

59% of all NHAs in the state work in Central Virginia, Hampton Roads, and Northern Virginia.

| Number of Work Locations | | | | | |
|--------------------------|-------|---------|------|--------|--|
| | W | ork | Work | | |
| Locations | Locat | ions in | Loca | itions | |
| Locations | Past | Year | No |)W* | |
| | # | % | # | % | |
| 0 | 16 | 3% | 21 | 3% | |
| 1 | 511 | 82% | 528 | 84% | |
| 2 | 65 | 10% | 58 | 9% | |
| 3 | 25 | 4% | 15 | 2% | |
| 4 | 2 | 0% | 0 | 0% | |
| 5 | 2 | 0% | 1 | 0% | |
| 6 or | 5 | 1% | 2 | 0% | |
| More | Э | 170 | Z | U70 | |
| Total | 627 | 100% | 627 | 100% | |

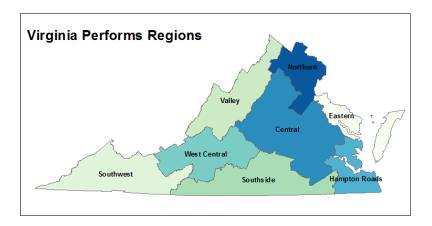
^{*}At the time of survey completion, March 2018.

Source: Va. Healthcare Workforce Data Center

A Closer Look:

| Regional Distribution of Work Locations | | | | | |
|---|-----|---------------|-----------------------|------|--|
| VA Performs | | mary ation | Secondary Location | | |
| Region | # | % | # | % | |
| Central | 131 | 22% | 18 | 21% | |
| Eastern | 17 | 3% | 6 | 7% | |
| Hampton Roads | 118 | 19% | 20 | 23% | |
| Northern | 109 | 18% | 9 | 10% | |
| Southside | 38 | 6% | 6 | 7% | |
| Southwest | 42 | 7% | 6 | 7% | |
| Valley | 45 | 7% | 4 | 5% | |
| West Central | 100 | 16% | 14 | 16% | |
| Virginia Border State/DC | 0 | 0% | 0 | 0% | |
| Other US State | 7 | 1% | 4 | 5% | |
| Outside of the US | 0 | 0% | 0 | 0% | |
| Total | 607 | 100% | 87 | 100% | |
| Item Missing | 103 | | 13 | | |

Source: Va. Healthcare Workforce Data Center



12% of NHAs currently have multiple work locations, while 16% have had multiple work locations over the past 12 months.

| Location Sector | | | | | | |
|--------------------------------|-----|---------------|-----------------------|------|--|--|
| Sector | | nary ation | Secondary Location | | | |
| | # | % | # | % | | |
| For-Profit | 364 | 61% | 62 | 78% | | |
| Non-Profit | 206 | 35% | 14 | 18% | | |
| State/Local Government | 22 | 4% | 2 | 3% | | |
| Veterans Administration | 0 | 0% | 0 | 0% | | |
| U.S. Military | 0 | 0% | 1 | 1% | | |
| Other Federal Government | 0 | 0% | 0 | 0% | | |
| Total | 592 | 100% | 79 | 100% | | |
| Did not have location | 20 | | 630 | | | |
| Item Missing | 118 | | 21 | | | |

Source: Va. Healthcare Workforce Data Center

At a Glance: (Primary Locations)

Sector

For Profit: 61% Federal: 0%

Top Establishments

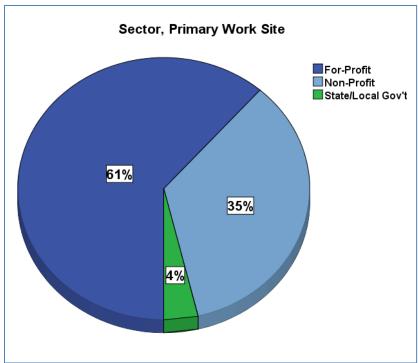
Skilled Nursing Facility: 52%

Continuing Care

Retirement Comm.: 17% Assisted Living Facility: 15%

Source: Va Healthcare Workforce Data Center

96% of all NHAs work in the private sector, including 61% who worked at a forprofit establishment.



| Location Type | | | | | |
|--------------------------------------|-----|---------------------|----|----------------|--|
| Establishment Type | | Primary Location | | ndary ition | |
| | # | % | # | % | |
| Skilled Nursing Facility | 377 | 52% | 52 | 7% | |
| Continuing Care Retirement Community | 124 | 17% | 8 | 1% | |
| Assisted Living Facility | 113 | 15% | 9 | 1% | |
| Acute Care/Rehabilitative Facility | 25 | 3% | 5 | 1% | |
| Home/Community Health Care | 21 | 3% | 1 | 0% | |
| Hospice | 10 | 1% | 0 | 0% | |
| Adult Day Care | 7 | 1% | 0 | 0% | |
| PACE | 3 | 0% | 0 | 0% | |
| Academic Institution | 2 | 0% | 2 | 0% | |
| Other Practice Type | 56 | 8% | 14 | 2% | |
| At Least One Establishment | 606 | 83% | 82 | 11% | |

52% of Virginia's NHA workforce are employed at a skilled nursing facility as their primary work location.

Source: Va. Healthcare Workforce Data Center

55% of NHAs are employed at a facility chain organization as their primary work location. Another 30% of Virginia's NHAs are employed at an independent/stand-alone organization.

| Location Type | | | | |
|--|-----|---------------|-----------------------|------|
| Organization Type | | nary ation | Secondary Location | |
| | # | % | # | % |
| Facility Chain | 310 | 55% | 43 | 60% |
| Independent/Stand Alone | 168 | 30% | 16 | 22% |
| Hospital-Based | 28 | 5% | 3 | 4% |
| Integrated Health System | | _ | _ | |
| (Veterans Administration, Large Health System) | 23 | 4% | 2 | 3% |
| College or University | 1 | 0% | 3 | 4% |
| Other | 31 | 6% | 5 | 7% |
| Total | 561 | 100% | 72 | 100% |
| Did Not Have Location | 20 | | 630 | |
| Item Missing | 148 | | 27 | |

At a Glance: (Primary Locations)

Typical Time Allocation

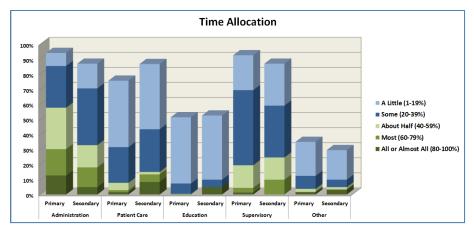
Administration: 40%-49% Supervisory: 20%-29% Patient Care: 10%-19% Education: 1%-9%

Roles

Administration: 30% Supervisory: 4% Patient Care: 3%

Source: Va. Healthcare Workforce Data Center

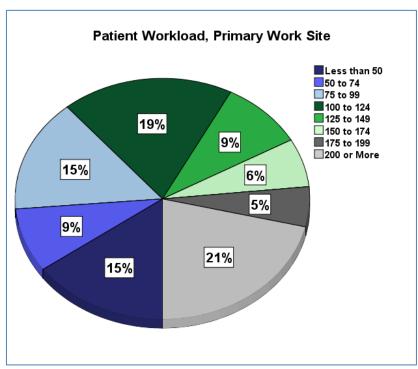
A Closer Look:



Source: Va. Healthcare Workforce Data Center

A typical NHA spends nearly half of her time performing administrative tasks. In addition, 30% of NHAs fill an administrative role, defined as spending 60% or more of their time on administrative activities.

| | Time Allocation | | | | | | | | | |
|--------------------------------|-----------------|--------------|---------------|--------------|---------------|--------------|---------------|--------------|---------------|--------------|
| Time Coast | Adn | nin. | Pati Ca | | Educa | ation | Super | visory | Oth | ner |
| Time Spent | Prim. Site | Sec. Site | Prim. Site | Sec. Site | Prim. Site | Sec. Site | Prim. Site | Sec. Site | Prim. Site | Sec. Site |
| All or Almost All (80-100%) | 13% | 5% | 2% | 8% | 0% | 5% | 1% | 0% | 2% | 3% |
| Most (60-79%) | 17% | 13% | 1% | 5% | 0% | 0% | 3% | 10% | 0% | 0% |
| About Half (40-59%) | 27% | 15% | 5% | 2% | 0% | 0% | 15% | 15% | 2% | 2% |
| Some (20-39%) | 28% | 38% | 24% | 28% | 7% | 5% | 50% | 34% | 9% | 5% |
| A Little (1-19%) | 9% | 16% | 44% | 43% | 44% | 43% | 23% | 28% | 23% | 20% |
| None (0%) | 6% | 13% | 24% | 13% | 49% | 48% | 8% | 13% | 65% | 70% |



At a Glance:

Patient Workload (Median)

Primary Location: 100-124 Secondary Location: 100-124

Source: Va. Healthcare Workforce Data Center

Source: Va. Healthcare Workforce Data Center

The typical NHA is responsible for between 100 and 124 patients at their primary work location. Those NHAs who also have a secondary work location are typically responsible for an additional 100 to 124 patients.

| Patient Workload Responsibility | | | | | |
|---------------------------------|-----|---------------|---------------|------|--|
| # of Patients | | nary ation | Secor Loca | | |
| | # | % | # | % | |
| None | 54 | 10% | 15 | 18% | |
| 1-24 | 9 | 2% | 4 | 5% | |
| 25-49 | 21 | 4% | 0 | 0% | |
| 50-74 | 48 | 9% | 8 | 10% | |
| 75-99 | 85 | 15% | 8 | 10% | |
| 100-124 | 106 | 19% | 18 | 22% | |
| 125-149 | 52 | 9% | 11 | 13% | |
| 150-174 | 37 | 6% | 7 | 9% | |
| 175-199 | 30 | 5% | 2 | 2% | |
| 200-224 | 15 | 3% | 0 | 0% | |
| 225-249 | 7 | 1% | 1 | 1% | |
| 250-274 | 8 | 1% | 1 | 1% | |
| 275-299 | 7 | 1% | 0 | 0% | |
| 300 or more | 83 | 15% | 6 | 7% | |
| Total | 562 | 100% | 82 | 100% | |

| Retirement Expectations | | | | | |
|---------------------------|-------|------|-----------------|------|--|
| Expected Retirement | 1 IIA | NHAs | NHAs over 50 | | |
| Age | # | % | # | % | |
| Under age 50 | 9 | 2% | - | - | |
| 50 to 54 | 19 | 3% | 3 | 1% | |
| 55 to 59 | 34 | 6% | 6 | 2% | |
| 60 to 64 | 111 | 19% | 49 | 16% | |
| 65 to 69 | 256 | 44% | 154 | 49% | |
| 70 to 74 | 111 | 19% | 76 | 24% | |
| 75 to 79 | 13 | 2% | 8 | 3% | |
| 80 or over | 4 | 1% | 4 | 1% | |
| I do not intend to retire | 27 | 5% | 14 | 4% | |
| Total | 584 | 100% | 314 | 100% | |

Source: Va. Healthcare Workforce Data Center

At a Glance:

Retirement Expectations

All NHAs

Under 65: 30% Under 60: 11%

NHAs 50 and over

Under 65: 18% Under 60: 3%

Time until Retirement

Within 2 years: 9%
Within 10 years: 31%
Half the workforce: By 2038

Source: Va. Healthcare Workforce Data Center

30% of all NHAs expect to retire before the age of 65. Among NHAs who are already at least age 50, 18% expect to retire by age 65.

Within the next two years, 13% of NHAs expect to begin accepting Administrators-in-Training, and 12% expect to pursue additional educational opportunities.

| Future Plans | | | | |
|------------------------------------|----|-----|--|--|
| 2 Year Plans: | # | % | | |
| Decrease Participation | n | | | |
| Leave Profession | 13 | 2% | | |
| Leave Virginia | 36 | 5% | | |
| Decrease Patient Care Hours | 44 | 6% | | |
| Decrease Teaching Hours | 0 | 0% | | |
| Cease Accepting Trainees | 7 | 1% | | |
| Increase Participation | 1 | | | |
| Increase Patient Care Hours | 42 | 6% | | |
| Increase Teaching Hours | 29 | 4% | | |
| Pursue Additional Education | 85 | 12% | | |
| Return to the Workforce | 10 | 1% | | |
| Begin Accepting Trainees | 98 | 13% | | |

By comparing retirement expectation to age, we can estimate the maximum years to retirement for NHAs. While only 9% of NHAs expect to retire in the next two years, 31% expect to retire within the next decade. More than half of the current NHA workforce expect to retire by 2038.

| Time to Retirement | | | | | |
|-------------------------|-----|------|-----------------|--|--|
| Expect to retire within | # | % | Cumulative % | | |
| 2 years | 52 | 9% | 9% | | |
| 5 years | 30 | 5% | 14% | | |
| 10 years | 98 | 17% | 31% | | |
| 15 years | 89 | 15% | 46% | | |
| 20 years | 84 | 14% | 60% | | |
| 25 years | 72 | 12% | 73% | | |
| 30 years | 57 | 10% | 83% | | |
| 35 years | 38 | 7% | 89% | | |
| 40 years | 25 | 4% | 93% | | |
| 45 years | 10 | 2% | 95% | | |
| 50 years | 3 | 1% | 96% | | |
| 55 years | 0 | 0% | 96% | | |
| In more than 55 years | 0 | 0% | 96% | | |
| Do not intend to retire | 27 | 5% | 100% | | |
| Total | 584 | 100% | | | |

Source: Va. Healthcare Workforce Data Center



Using these estimates, retirements will begin to reach over 10% of the current workforce every five years by 2028. Retirements will peak at 17% of the current workforce around the same time before declining to under 10% again around 2053.

FTEs

Total: 811 FTEs/1,000 Residents²: .096 Average: 1.14

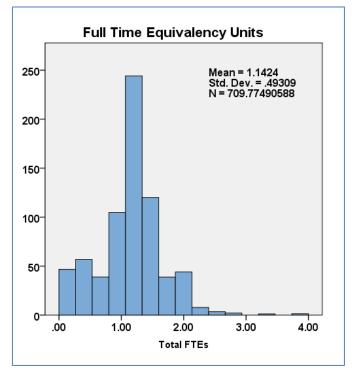
Age & Gender Effect

Age, Partial Eta²: Small Gender, Partial Eta²: None

Partial Eta² Explained: Partial Eta² is a statistical measure of effect size.

Source: Va. Healthcare Workforce Data Center

A Closer Look:

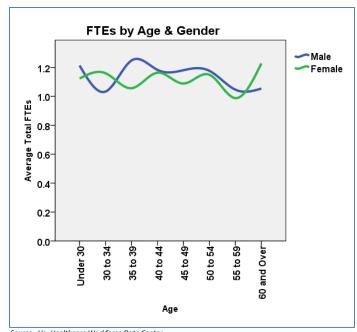


Source: Va. Healthcare Workforce Data Center

The typical NHA provided 1.18 FTEs in the past year, or approximately 47 hours per week for 50 weeks. Statistical tests do not indicate that FTEs vary by age or gender.

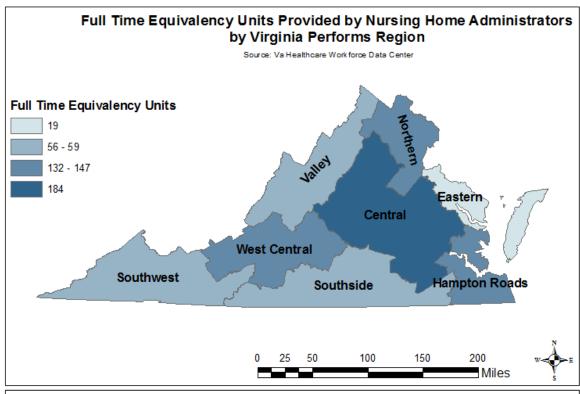
| Full-Time Equivalency Units | | | | | | |
|-----------------------------|---------|--------|--|--|--|--|
| Age | Average | Median | | | | |
| Age | | | | | | |
| Under 30 | 1.15 | 1.20 | | | | |
| 30 to 34 | 1.10 | 1.13 | | | | |
| 35 to 39 | 1.17 | 1.18 | | | | |
| 40 to 44 | 1.16 | 1.15 | | | | |
| 45 to 49 | 1.12 | 1.13 | | | | |
| 50 to 54 | 1.10 | 1.22 | | | | |
| 55 to 59 | 1.04 | 1.15 | | | | |
| 60 and Over | 1.22 | 1.22 | | | | |
| Gender | | | | | | |
| Male | 1.12 | 1.18 | | | | |
| Female | 1.14 | 1.20 | | | | |

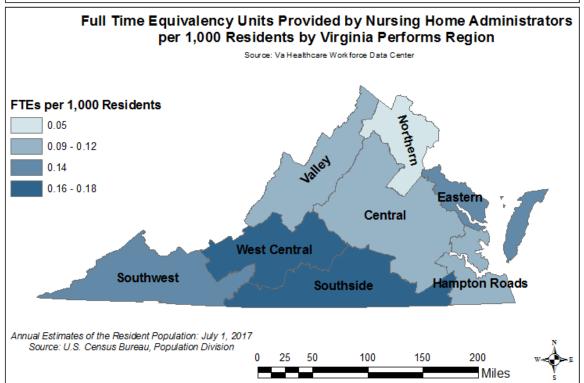
Source: Va. Healthcare Workforce Data Center

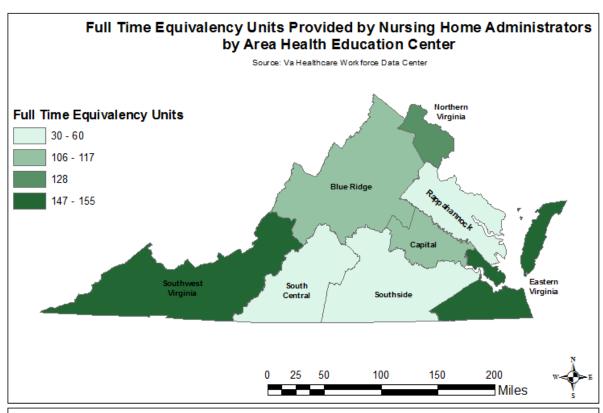


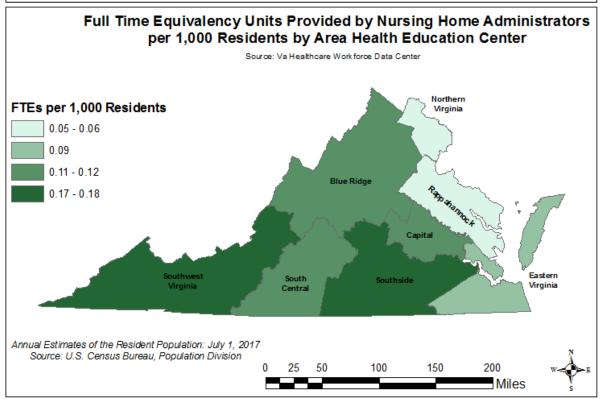
² Number of residents in 2017 was used as the denominator.

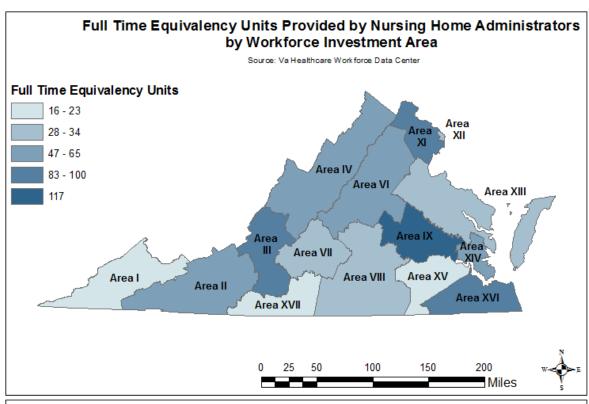
Virginia Performs Regions

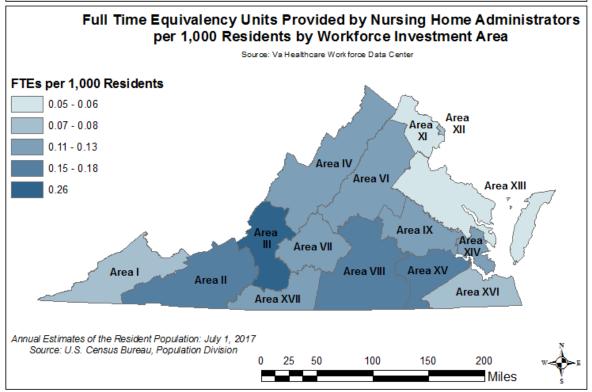


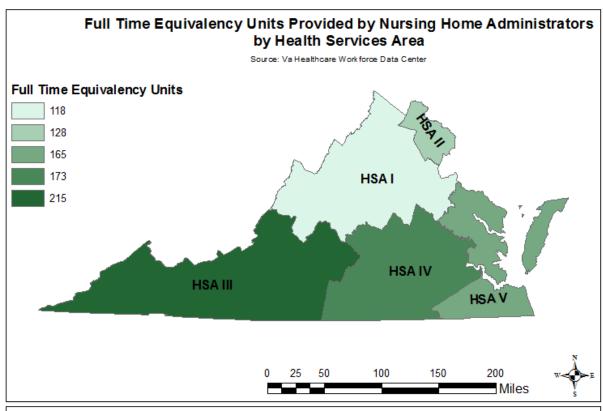


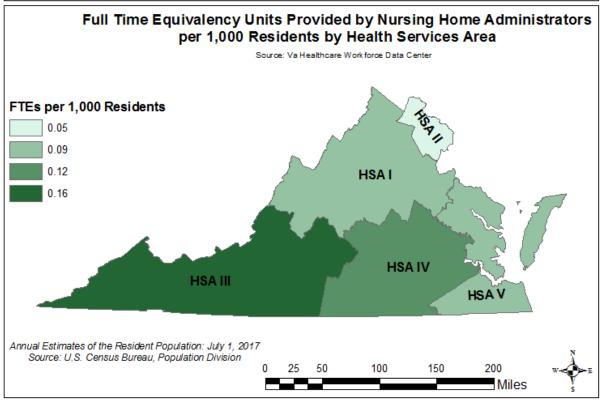


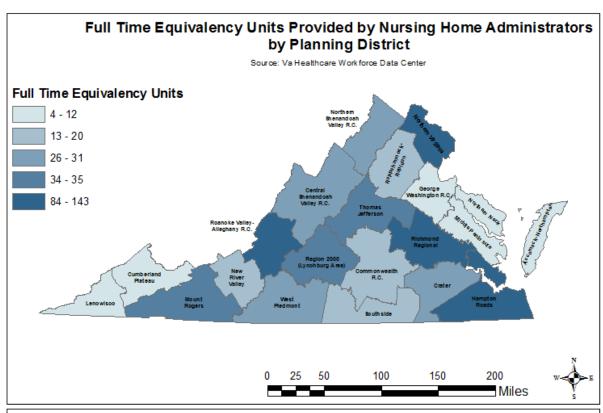


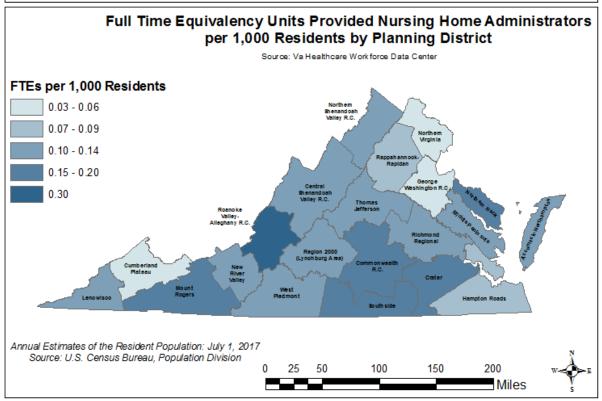












Appendix A: Weights

| Rural | | Location W | eight | Total Weight | |
|--|-----|------------|----------|--------------|---------|
| Status | # | Rate | Weight | Min | Max |
| Metro, 1 million+ | 398 | 87.44% | 1.143678 | 1.07714 | 1.43864 |
| Metro, 250,000 to 1 million | 111 | 85.59% | 1.168421 | 1.10044 | 1.46976 |
| Metro, 250,000 or less | 79 | 88.61% | 1.128571 | 1.06291 | 1.41964 |
| Urban pop 20,000+, Metro adj | 14 | 85.71% | 1.166667 | 1.09879 | 1.19379 |
| Urban pop 20,000+, nonadj | 0 | NA | NA | NA | NA |
| Urban pop, 2,500- 19,999, Metro adj | 48 | 89.58% | 1.116279 | 1.05133 | 1.40417 |
| Urban pop, 2,500- 19,999, nonadj | 20 | 85.00% | 1.176471 | 1.10802 | 1.47989 |
| Rural, Metro adj | 22 | 81.82% | 1.222222 | 1.1575 | 1.53744 |
| Rural, nonadj | 19 | 89.47% | 1.117647 | 1.05262 | 1.4059 |
| Virginia border state/DC | 118 | 73.73% | 1.356322 | 1.27741 | 1.70613 |
| Other US State | 88 | 70.45% | 1.419355 | 1.33677 | 1.78542 |

Source: Va. Healthcare Workforce Data Center

| Age | Age Weight | | | Total Weight | |
|----------------|------------|--------|----------|--------------|---------|
| | # | Rate | Weight | Min | Max |
| Under 30 | 36 | 66.67% | 1.5 | 1.40417 | 1.78542 |
| 30 to 34 | 58 | 82.76% | 1.208333 | 1.13114 | 1.43825 |
| 35 to 39 | 73 | 89.04% | 1.123077 | 1.05133 | 1.33677 |
| 40 to 44 | 102 | 85.29% | 1.172414 | 1.09752 | 1.3955 |
| 45 to 49 | 131 | 88.55% | 1.12931 | 1.05717 | 1.34419 |
| 50 to 54 | 126 | 86.51% | 1.155963 | 1.08212 | 1.37592 |
| 55 to 59 | 124 | 82.26% | 1.215686 | 1.13802 | 1.447 |
| 60 and Over | 266 | 81.95% | 1.220183 | 1.14223 | 1.45236 |

Source: Va. Healthcare Workforce Data Center

See the Methods section on the HWDC website for details on HWDC Methods: www.dhp.virginia.gov/hwdc/

Final weights are calculated by multiplying the two weights and the overall response rate:

Age Weight x Rural Weight x Response Rate = Final Weight.

Overall Response Rate: 0.838604

